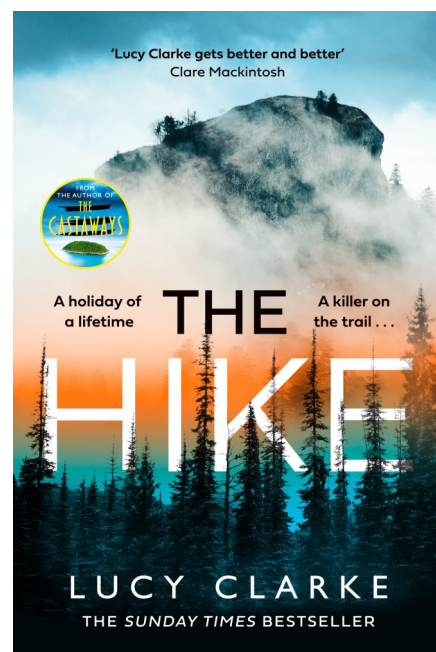
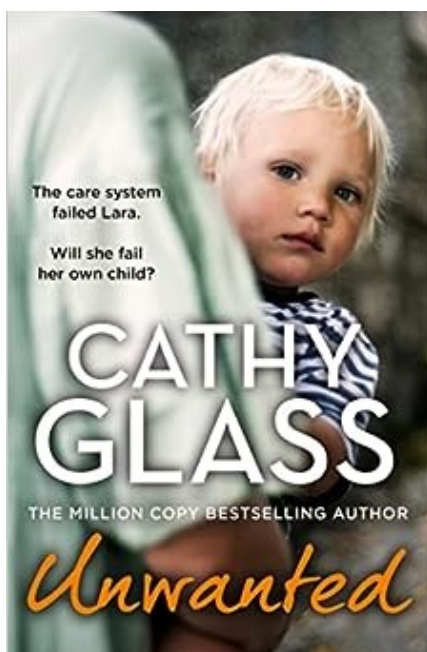
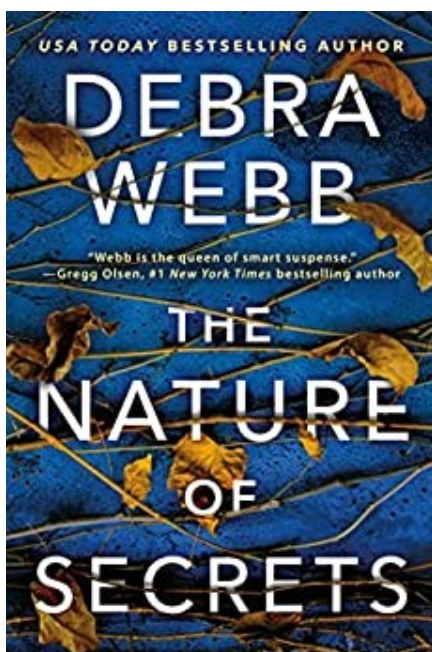


WOLLONDILLY LIBRARY

# What's New

## September 2023



## **The king's jewel / *Chadwick, Elizabeth***

Wales, 1093. The warm, comfortable family life of young Nesta, daughter of Prince Rhys of Deheubarth is destroyed when her father is killed and she is taken hostage. Her honor is further tarnished when she is taken as an unwilling concubine by King William's ruthless younger brother Henry, who later ascends the throne under suspicious circumstances. Gerald FitzWalter, an ambitious young knight is rewarded for his unwavering loyalty to his new King with Nesta's hand in marriage

## **Lady MacBethad / *Schuler, Isabelle***

As a child, Gruoch's grandmother prophesies that she will one day be Queen of Alba. When, many years later, she is betrothed to Duncan, the heir-elect, the prophecy appears to come true. Determined to never to be as powerless as her parents, Gruoch leaves behind her home, her family and her friend MacBethad, and travels to the royal seat at Scone to seal her fate. But when a deadly turn of events forces Gruoch to flee Duncan and the capital, Gruoch finds herself at the mercy of an old enemy.

## **The last heir to Blackwood library / *Fox, Hester***

In post-World War I England, a young woman inherits a mysterious library and must untangle its powerful secrets...With the stroke of a pen, twenty-three-year-old Ivy Radcliffe becomes Lady Hayworth, owner of a sprawling estate on the Yorkshire moors. Ivy has never heard of Blackwood Abbey, or of the ancient bloodline from which she's descended. With nothing to keep her in London since losing her brother in the Great War, she warily makes her way to her new home

## **The librarian of burned books : a novel / *Labuskes, Brianna***

Berlin 1933. Following the success of her debut novel, American writer Althea James receives an invitation from Joseph Goebbels himself to participate in a culture exchange program in Germany. For a girl from a small town in Maine, 1933 Berlin seems to be sparkingly cosmopolitan, blossoming in the midst of a great change with the charismatic new chancellor at the helm. Then Althea meets a beautiful woman who promises to show her the real Berlin, and soon she's drawn into a group of resisters who make her question everything she knows about her hosts--and herself

## **Life after Ted / *Feneley, Rick***

Ted McCall is a legend among Bondi lifesavers. When he is killed in a surfing accident, his death exposes long-held family secrets and sets in motion a series of revelations and betrayals. Only one thing is certain: Ted's death is a defining moment for his loved ones. But will it make his family stronger, or break them apart? Ted's adoring wife of forty years, Connie Blunt, witnesses the tragedy. Focused on her own grief, which plays out in unexpected ways, she is incapable of offering comfort to her son, Sebastian, who worshipped Ted.

## **The lock-up / *Banville, John***

1950s Dublin, in a lock-up garage in the city the body of a young woman is discovered, an apparent suicide. But pathologist Dr Quirke and Detective Inspector Strafford soon suspect foul play. The victim's sister, a newspaper reporter from London, returns to Dublin to join the two men in their quest to uncover the truth. But, as they explore her links to a wealthy German family in County Wicklow, and to investigative work she may have been doing in Israel, they are confronted with an ever-deepening mystery

## **The loner / *Palmer, Diana***

Tanner Everett spends most of his time jet-setting around the world. But that hasn't stopped innocent Stasia Bolton, the daughter of a neighbouring rancher, from falling head-over-heels for the jet-setting playboy. So Stasia is secretly thrilled when her father proposes linking the properties in matrimony... which means Tanner will be hers, for good. Despite his globetrotting ways, Tanner can't help but be enthralled by the quiet girl next door. But as the embers between the two are fanned into flames, Tanner wonders if he's found forever in the last place he ever expected.

## **The love algorithm / *Carroll, Claudia***

True love is only just a swipe away? Right? Iris lives by numbers. The only thing missing from her perfectly calibrated life is a partner - and not for lack of trying. After decades of disappointment, Iris practically has a PhD in online dating. But something still eludes her: that unquantifiable spark. Kim is too busy being the life of the party to look for love. Her terrible dates make great stories for her friends and co-workers, as long as she's not caught by her tyrannical boss, Iris.

## **The magpie's sister / *Turner, Kerri***

1911: Sydney, Australia. From the moment the tumours appeared on her face, Maggie Bright knew she would never live a normal life. Abandoned by her mother and then given away by her father, she spent her childhood learning to become the 'Lagoon Creature': part acrobat, part clown, part circus hand. It's not a bad life, Rafferty Braun, the ringmaster, provides her with an ongoing education, and now, as a young woman, she has the kind of freedom her condition could have easily taken away from her.

## **Maybe next time / *Major, Cesca***

Emma is having the worst day of her life. Frustrating. Chaotic. And the only person who could make it better is gone by the end of the day. Yet even worse than all of that: Emma keeps waking up to the same day, over and over again. But what if this is a sign things could be different? Can Emma change the heart-breaking end to this love story?

## **The Moorland murderers / *Jecks, Michael***

July, 1556. En route to France and escape from Queen Mary's men, Jack Blackjack decides to spend the night at a Devon tavern, agrees to a game of dice - and ends up accused of murder. To make matters worse, the dead man turns out to have been the leader of the all-powerful miners who rule the surrounding moors - and they have no intention of waiting for the official court verdict to determine Jack's guilt. But who would frame Jack for murder . . . and why?

## **The mother / *Logan, T. M.***

A woman attends a funeral, standing in the shadows and watching in agony as her sons grieve. But she is unable to comfort them - or reveal her secret. A decade earlier, Heather gets her children ready for bed and awaits the return of her husband Liam, little realising that this is the last night they will spend together as a family

## **Music in the dark / *Magnusson, Sally***

Jamesina Ross is long finished with men. But one night a stranger seeking lodgings knocks on the door of her tenement flat. He doesn't recognise her, but she remembers him at once. Not that she plans to mention it. She has no intention of trusting anyone enough to let herself be vulnerable again. A lifetime ago Jamesina Ross was bent on becoming a writer. She had a facility with words. She made up songs about the Highland glen where she lived and the kin who had worked that land for generations.

## **My heart is a little wild thing / *Featherstone, Nigel***

Patrick has always considered himself a good son. Willing to live his life to please his parents, his sense of duty paramount to his own desires and dreams. But as his mother's health continues to deteriorate and his siblings remain absent, he finds the ties that bind him to his mother begin to chafe. After an argument leads to a violent act he travels to a familiar country retreat to reflect on what his life could be, and through a chance encounter with a rare animal and an intriguing stranger starts to wonder if perhaps it is not too late to let his heart run wild.

## **The mystery of four / *Blake, Sam***

Murder is easy... when it doesn't look like murder. Tess Morgan has finally made her dream of restoring beautiful Kilfenora House and Gardens into a reality. But during rehearsals for the play that forms the opening weekend's flagship event, her dream turns into a nightmare as those around her begin to fall victim to terrible accidents. Could someone be closing in on Tess herself?



## **The natural history of love / *Petit, Caroline***

When Melbourne lawyer Nathan Smithson takes on the case of mad, wealthy Edward Fonçeca's inheritance trial against his ruthless brother in 1902, he must unearth long-buried family secrets to have any chance of winning. Brazil, 1852: François, the Count de Castelnau and French Consul to Bahia falls dangerously ill on a naturalist expedition and is delivered by a rainforest tribesman to the Fonçeca household. Carolina Fonçeca is 16 years old and longing to leave the confines of her family's remote Brazilian sugar plantation

## **The nature of secrets / *Webb, Debra***

A widow-or a widow-maker? Legal investigator Finley O'Sullivan has had a difficult year in the wake of her husband's murder. But in her line of work, there's no time to grieve. Her job is to protect the firm's clients and defend their innocence through gruelling investigative work. Ellen Winthrop is a force to be reckoned with in the financial world. In a male-dominated industry, she shattered the glass ceiling by empowering and promoting women. But now her husband is dead, killed in the Winthrop family home-and she stands accused of his murder.

## **Never never / *Hoover, Colleen***

Charlie Wynwood and Silas Nash have been best friends since they could walk. They've been in love since the age of fourteen. But as of this morning... they are complete strangers. Their first kiss, their first fight, the moment they fell in love... every memory has vanished. Now Charlie and Silas must work together to uncover the truth about what happened to them and why.

## **Night blue / *O'Keeffe, Angela***

Potent, haunting and lyrical, Night blue is a debut novel like no other, a narrative largely told in the voice of the painting Blue Poles. It is a truly original and absorbing approach to revisiting Jackson Pollock and his wife Lee Krasner as artists and people, as well as realigning our ideas around the cultural legacy of Whitlam's purchase of Blue poles in 1973. It is also the story of Alyssa, and a contemporary relationship, in which Angela O'Keeffe immerses us in the essential power of art to change our personal lives and, by turns, a nation.

## **The night watch / *Lancaster, Neil***

He'll watch you. A lawyer is found dead at sunrise on a lonely clifftop at Dunnet Head on the northernmost tip of Scotland. It was supposed to be his honeymoon, but now his wife will never see him again. He'll hunt you. The case is linked to several mysterious deaths, including the murder of the lawyer's last client - Scotland's most notorious criminal... who had just walked free. DS Max Craigie knows this can only mean one thing: they have a vigilante serial killer on their hands. He'll leave you to die.

## **The end of cuthbert close / *Sauers, Joan***

In the sleepy, scenic Southern Highlands of New South Wales, a beautiful young woman goes missing. Six years later, recently divorced historian Rose McHugh leaves the city to start a new life in the Highlands and finds a roll of film buried in her back garden. On it are photos of the missing woman. Against the advice of an enigmatic detective, she uses her powers of persuasion and her knack for deciphering clues to pursue the case

## **The English führer / *Clements, Rory***

Autumn 1945. Off the east coast of England, a Japanese sub surfaces, unloads its mysterious cargo, then blows itself to pieces. Former spy Professor Tom Wilde is enjoying peacetime in Cambridge, settling back into teaching and family life. Until a call from senior MI5 boss Lord Templeman brings him out of retirement. A nearby village has been locked down by the military, its residents blighted by a deadly illness

## **Estella / *George, Kathy***

At just three years of age, Estella is taken from her mother, adopted by the wealthy but eccentric Miss Havisham and taught how to break men's hearts. Satis House is dark and oppressive and life with the vengeful Miss Havisham a confusion of contradictory lessons, but the kindness of the household cook and Estella's love of the nearby marshes bring her some joy. Forced to play with Pip, a local boy from a lowly background, Estella captivates his soul and breaks his heart, exactly as Miss Havisham has planned.

## **Everything is beautiful and everything hurts / *Shapiro, Josie***

Mickey Bloom: five foot tall, dyslexic, and bullied at school. Mickey knows she's nothing special. Until one day, she discovers running. Mickey's new-found talent makes her realise she's everything she thought she wasn't - powerful, strong and special. But her success comes at a cost, and the relentless training and pressure to win leaves Mickey broken, her dream in tatters. Years later, when Mickey is working in a dead-end job with a drop-kick boyfriend, her mother becomes seriously ill. While nursing her, Mickey realises the only way she can overcome her grief - and find herself - is to run again

## **The exhibitionist / *Mendelson, Charlotte,***

The longer the marriage, the harder truth becomes ... Meet the Hanrahan family, gathering for a momentous weekend as famous artist and notorious egoist Ray Hanrahan prepares for a new exhibition of his art - the first in many decades, and one he is sure will burnish his reputation for good. His three children will be there: beautiful Leah, always her father's biggest champion; sensitive Patrick, who has finally decided to strike out on his own; and insecure Jess, the youngest, who has her own momentous decision to make ..

## **The fall between / *Tindale, Darcy***

On a hot November morning, the first body lies in a cattle trough... It will be another two hours before rigor mortis sets in. Until then, the slim fingers will float below the water's surface, gently bobbing, beckoning Detective Giles to come and find her. Detective Rebecca Giles has just finished interviewing aging petty criminal Sticky Pete over a spate of break-and-enters when a disturbing new report comes in. Twelve-year-old Kayleen Ellis has vanished from her home in Muswellbrook in the Upper Hunter Valley.

## **The fancies / *Lock, Kim***

A story about stories: those we tell, those we believe and those we make into a reality, whether true, murky or not true at all. Port Kingerton: the insular cray-fishing town at the butt-end of South Australia, where everyone knows everyone. And everyone knows too that when Abigail Fancy left town at seventeen, she hung out the window of her boyfriend's Corolla, middle fingers held high, swearing she'd never come back. And she hasn't, until now

## **The ferryman / *Cronin, Justin***

The islands of Prospera lie in a vast ocean: in splendid isolation from the rest of humanity, or whatever remains of it... Citizens of the main island enjoy privileged lives, attended to by the support staff who live on a cramped neighbouring island, where whispers begin to grow into cries for revolution. Meanwhile, life for Prosperans is perfection - and when it's not, their bodies are sent to the mysterious third island: a facility named The Nursery, to be rebooted and restart life afresh.

## **The fire and the rose / *Cadwallader, Robyn***

England, 1276: Forced to leave her home village, Eleanor moves to Lincoln to work as a housemaid. She's prickly, independent and stubborn, her prospects blighted by a port-wine birthmark across her face. Unusually for a woman, she has fine skills with ink and quill, and harbours a secret ambition to work as a scribe, a profession closed to women. Eleanor discovers that Lincoln is a dangerous place, divided by religious prejudice, the Jews frequently the focus of violence and forced to wear a yellow badge.

## **For you and only you / *Kepnes, Caroline***

Love doesn't conquer all. Often, it needs a little push. Joe Goldberg is ready for a change. Instead of selling books, he's writing them. And he's off to a good start. Glenn Shoddy, an acclaimed literary author, recognizes Joe's genius and invites him to join a tight-knit writing fellowship at Harvard. Finally, Joe will be in a place where talent matters more than pedigree... where intellect is the great equalizer and anything is possible. Even happy endings.

## **The forgotten bookshop in Paris / *Wood, Daisy***

Paris, 1940: War is closing in on the city of love. With his wife forced into hiding, Jacques must stand by and watch as the Nazis take away everything he holds dear. Everything except his last beacon of hope: his beloved bookshop, La Page Cachée. But when a young woman and her child knock on his door one night and beg for refuge, he knows his only option is to risk it all once more to save a life... Modern day: Juliette and her husband have finally made it to France on the romantic getaway of her dreams -- but as the days pass, all she discovers is quite how far they've grown apart

## **Fourth wing / *Yarros, Rebecca***

Twenty-year-old Violet Sorrengail was supposed to enter the Scribe Quadrant, living a quiet life among books and history. Now, the commanding general--also known as her tough-as-talons mother--has ordered Violet to join the hundreds of candidates striving to become the elite of Navarre: dragon riders. But when you're smaller than everyone else and your body is brittle, death is only a heartbeat away ... because dragons don't bond to "fragile" humans. They incinerate them. With fewer dragons willing to bond than cadets, most would kill Violet to better their own chances of success.

## **The girl by the bridge / *Arnaldur Indriðason***

An elderly couple are worried about their granddaughter. They know she's been smuggling drugs, and now she's gone missing. Looking for help, they turn to Konrad, a former policeman whose reputation precedes him. Always absent-minded, he constantly ruminates on the fate of his father, who was stabbed to death decades ago. But digging into the past reveals much more than anyone set out to discover, and a little girl who drowned in the Reykjavik city pond unexpectedly captures everyone's attention.

## **Going zero / *McCarten, Anthony***

Ten people have been carefully selected to Beta test a ground-breaking piece of spyware. Pioneered by tech-wunderkind, Cy Baxter, FUSION can track anyone wherever they are on earth. But does it work? Each participant is given two hours to 'Go Zero' - to go off-grid and disappear - and then thirty days to elude the highly sophisticated Capture Teams sent to find them. Any Zero that beats FUSION will receive 3 million in cash. If Cy's system prevails he wins a 90 billion-dollar contract with the CIA to develop FUSION and revolutionise surveillance forever

## **Good cop bad cop / *Kernick, Simon***

Courageous hero or cold-blooded criminal? Tonight we find out. It's 14 years after the worst terrorist atrocity in UK history and, with the perpetrators either dead or missing, the motive remains a mystery. But Dr Ralph Teller, a wealthy industrialist who lost his wife in the attack, never gave up hope of justice. He thinks he knows the real identity of the mastermind responsible. Only one person can help him put together the final pieces of the puzzle - retired police officer Chris Sketty, who infiltrated the terrorist group and was wounded trying to prevent the attack



## **Good girl complex / *Kennedy, Elle***

Cooper is rough around the edges. Raw. Candid. A threat to her ordered existence. Their friendship soon becomes the realest thing in her life. Despite his disdain for the trust-fund kids he sees coming and going from his town, Cooper soon realizes Mac isn't just another rich clone and falls for her. Hard. But as Mac finally starts feeling accepted by Cooper and his friends, the secret he's been keeping from her threatens the only place she's ever felt at home.

## **Hell bent / *Bardugo, Leigh***

Wealth. Power. Murder. Magic. Alex Stern is back and the Ivy League is going straight to hell. Find a gateway to the underworld. Steal a soul out of hell. A simple plan, except people who make this particular journey rarely come back. But Galaxy "Alex" Stern is determined to break Darlington out of purgatory, even if it costs her a future at Lethe and at Yale. Forbidden from attempting a rescue, Alex and Dawes can't call on the Ninth House for help, so they assemble a team of dubious allies to save the gentleman of Lethe

## **The Helsingør sewing club / *Gyland, Ella***

When the rest of Europe turned their backs on them. Hope would be found in the darkest of times. And a country would come together to save those who needed them most. Helsingør, Denmark, 1943 In the midst of the German occupation during World War Two, Inger Bredahl joins the underground resistance and risks her life to save members of Denmark's Jewish community and help them escape to Sweden. Copenhagen, 2018 Inger's granddaughter, Cecilie Lund, is mourning her death when a mysterious discovery while cleaning out Inger's flat leads past and present to intersect.

## **Henry VIII : the heart & the crown / *Weir, Alison***

In grand royal palaces, Prince Harry grows up dreaming of knights and chivalry - and the golden age of kings that awaits his older brother. But Arthur's untimely death sees Harry crowned King Henry of England. As his power and influence extends, so commences a lifelong battle between head and heart, love and duty. Henry rules by divine right, yet his prayers for a son go unanswered. The future of his great dynasty depends on an heir. And the crown weighs heavy on a king with all but his one true desire. HENRY VIII. HIS STORY

## **Her deadly game / *Dugoni, Robert***

Keera Duggan was building a solid reputation as a Seattle prosecutor, until her romantic relationship with a senior colleague ended badly. For the competitive former chess prodigy, returning to her family's failing criminal defense law firm to work for her father is the best shot she has. With the right moves, she hopes to restore the family's reputation, her relationship with her father, and her career. Keera's chance to play in the big leagues comes when she's retained by Vince LaRussa, an investment adviser accused of murdering his wealthy wife.

## **The hike / *Clarke, Lucy***

As night falls, they still haven't returned... Leaving behind their everyday lives, four friends hike out into the beautiful Norwegian wild - nothing between them and the mountain peak but forest, sea and sharp blue sky. But there's a darker side to the wilderness. A woman went missing here one year ago. Now, the friends are hiking into the heart of the mystery. And waiting on the trail is someone who'd do anything to keep their secrets buried - and to stop the group walking away alive...

## **Hitler's tractor : a poignant and exquisitely told Australian story of the ravages of time, fate and a half-forgotten past / *Smith, Jan William***

If we must look for demons in our lives, we may also try to destroy them before we die. In James Twining's life the demon of his declining memory, like Don Quixote's windmill, is a tractor. Forged in Germany, the machine came to be known as Hitler's tractor - it ploughed, sowed and reaped. But did Hitler's tractor have a sinister purpose? This is a story that takes the reader through chapters in the lifetime of one man - childhood, adolescence, a professional life and finally old age when he struggles to remember.

## **A home among the snow gums / *Quinn, Stella***

The road to love is a rutted dirt track for the other vet from Snowy River... Hannah Cody grew up sunny, carefree and loved in the Snowy Mountains town of Hanrahan, but a vicious prank at university in Sydney changed that. Instead of studying medicine, she moved to a small regional centre, switched to veterinary science and swore off romance for life. Ten quiet years later, she's settled. She's safe. And yeah, she hasn't left Hanrahan in years, but that's not agoraphobia, is it? It's not hiding if you're happy. After many years abroad as a naval analyst, Tom Krauss is drawn home by his estranged father's deteriorating health and his own secret injury.

## **Identity / *Roberts, Nora***

Former Army brat Morgan Albright has finally planted roots in a friendly neighborhood near Baltimore. Her friend and roommate Nina helps her make the mortgage payments, as does Morgan's job as a bartender. But after she and Nina host their first dinner party - attended by Luke, the flirtatious IT guy who'd been chatting her up at the bar - her carefully built world is shattered. The back door glass is broken, cash and jewellery are missing, her car is gone, and Nina lies dead on the floor.

## **Isaac and the Egg / *Palmer, Bobby***

Isaac stands alone on a bridge and screams. Something screams back. And that, like everything which follows, is unforgettable.

## **The island / *Engberg, Katrine***

Jeppe Korner, on leave from the police force and nursing a broken heart, has taken refuge on the island of Bornholm for the winter. Also on the island is Esther de Laurenti, a writer working on a biography on a female anthropologist with a mysterious past and coming to terms with her own crushing sense of loneliness in the wake of a dear friend's death. When Jeppe lends a helping hand at the island's local sawmill, he begins to realize that the island may not be the peaceful refuge it appears to be.

## **Killing moon / *Nesbø, Jo***

Two young women are missing, their only connection a party they both attended, hosted by a notorious real-estate magnate. When one of the women is found murdered, the police discover an unusual signature left by the killer, giving them reason to suspect he will strike again. And exposing him calls for a detective like no other. But the legendary Harry Hole is gone--fired from the force, drinking himself to oblivion in Los Angeles.

## **The nature of secrets / *Webb, Debra***

A widow-or a widow-maker? Legal investigator Finley O'Sullivan has had a difficult year in the wake of her husband's murder. But in her line of work, there's no time to grieve. Her job is to protect the firm's clients and defend their innocence through grueling investigative work. Ellen Winthrop is a force to be reckoned with in the financial world. In a male-dominated industry, she shattered the glass ceiling by empowering and promoting women

## **Nightcrawling / *Mottley, Leila***

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## **No trace / *Trant, Michael***

Did you have to kill them all?' It's the question Gabe Ahern has been running from since he bust open a major criminal operation - and left a dozen men dead. He knows that one day the 'bad guys' will come for revenge. A skilled dog-trapper, Gabe has one rule: leave no sign, leave no trace. And for the last year he's been successfully hiding out on a friend's remote cattle property in the Pilbara. But when Goldmont Station opens its gates to a bunch of city folk eager for an authentic outback experience, Gabe can feel eyes on his back.

# Non-Fiction

## **Italy / *Garwood, Duncan***

Lonely Planet's Italy is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Relive the past at Pompeii, take a world-class Tuscan wine tour and explore the unspoilt wilderness of Sardinia; all with your trusted travel companion. Inside Lonely Planet's Italy Travel Guide: - Lonely Planet's Top Picks - a visually inspiring collection of the destination's best experiences and where to have them - Itineraries help you build the ultimate trip based on your personal needs and interests

## **The millionaires' factory : the inside story of how Macquarie Bank became a global giant / *Moullakis, Joyce***

Macquarie is everywhere. As an investment bank, a commodities player and an international leader in infrastructure fund management, Macquarie has inserted itself into your life somehow, no matter where in the world you're reading this book. The Millionaire's Factory lifts the lid on this unique banking success story, from its origins in Australia in 1969 to its presence in 33 markets today.

## **Monash University low FODMAP : the cookbook / *Monash FODmap team***

120 delicious and easy-to-follow recipes developed by the founders of the FODMAP diet. This is the perfect cooking companion to better manage symptoms of irritable bowel syndrome (IBS). Offering 120 newly developed recipes created using the world's largest database of FODMAP-tested foods, it shows you how to cook and enjoy low FODMAP foods at home. It also includes the Monash FODMAP stack cup, a unique feature designed by the research team to help customise meal plans to suit your lifestyle

## **The mountain is you : transforming self-sabotage into self-mastery / *Wiest, Brianna***

By extracting crucial insight from our most damaging habits, building emotional intelligence by better understanding our brains and bodies, releasing past experiences at a cellular level, and learning to act as our highest potential future selves, we can step out of our own way and into our potential. For centuries, the mountain has been used as a metaphor for the big challenges we face, especially ones that seem impossible to overcome.

## **The one thing we've never spoken about : exposing our untold mental health crisis / *Scott, Elfy***

An investigation into the failings of Australia's mental healthcare system, grounded in a personal story of a mother daughter relationship. Journalist Elfy Scott grew up in a household where her mother's schizophrenia was rarely, if ever, spoken about. They navigated this silence outside the family home too; for many years, this complex mental health condition was treated as an open secret. Over the past two decades, we have started talking more about common mental health conditions like depression and anxiety.

# Non-Fiction

## **The perfect loaf : the craft and science of sourdough breads, sweets, and more / *Leo, Maurizio***

A dynamic, authoritative sourdough baking bible for those looking to build confidence in the craft with a wide range of foolproof recipes, from pan loaves to pizza to doughnuts, by the beloved blogger and resident bread baker at Food52 Maurizio Leo's blog The Perfect Loaf is the go-to destination on the internet for beginner sourdough bakers. He now brings his impeccably detailed techniques, foolproof recipes, and generous teaching style to a ground-breaking debut cookbook that delves into the absolute fundamentals of sourdough-plus the tools and confidence to explore beyond

## **Pocket tai chi for beginners : simple steps to a healthy body & mind / *Dang, Tri Thong***

This book presents the "Simplified Tai Chi" method created by China's Ministry of Physical Culture and Sports. Unlike traditional Tai Chi, which has over 80 complicated movement sequences or forms, Simplified Tai Chi has 24 short and easy-to-remember movement forms which provide all the health benefits but are far easier for ordinary people to learn and practice on a daily basis. This book provides everything you need--step-by-step instructions and over 160 clear and simple illustrations.

## **Quick crochet : no-fuss patterns for colourful scarves, blankets, bags and more / *Rowell, Kate***

A crochet designer and the creator of the blog and Instagram account Jellybean Junction provides modern crochet patterns that use vibrant colours and are designed to brighten up every space and occasion.

## **Replace your salary by investing : save more, invest smart and maximise your money / *Nash, Ben***

Discover the best investment options for growing your wealth faster, and start living the life you really want In Replace Your Salary by Investing, financial advisor and money geek Ben Nash delivers a start-to-finish game plan to get more out of your money. You'll learn practical, real-world strategies, skipping the money jargon in favour of actionable principles you can apply immediately to invest more and grow your wealth.

## **The road less travelled : a new psychology of love, traditional values and spiritual growth / *Peck, M. Scott (Morgan Scott)***

Life is difficult. This is a great truth, one of the greatest truths.' A timeless classic in personal development, The Road Less Travelled is a landmark work that has inspired millions. Drawing on the experiences of his career as a psychiatrist, Scott Peck combines scientific and spiritual views to guide us through the difficult, painful times in life by showing us how to confront our problems through the key principles of discipline, love and grace.



# Non-Fiction

## **Switzerland / *Walker, Kerry***

Lonely Planet's Switzerland is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Hop aboard the Glacier Express, hike in the Swiss National Park, and wander the medieval cobbled streets of Bern; all with your trusted travel companion.

## **Thrivers : the surprising reasons why some kids struggle and others shine / *Borba, Michele***

just making kids unhappier, says Dr. Michele Borba, it's actually the opposite of what it takes to thrive in the uncertain world ahead. Thrivers are different, they flourish in our fast-paced, digital-driven, often uncertain world. Why? Through her in-depth research, Dr. Borba discovered that the difference comes down not to grades or test scores, but to seven character traits that set Thrivers apart -- confidence, empathy, self-control, integrity, curiosity, perseverance, and optimism.

## **Time of our lives : celebrating older women / *Kirkman, Maggie***

Time of Our Lives presents the extraordinary lives of ordinary women in their seventies, eighties and nineties, challenging the stereotype of the helpless old woman who is nothing more than a burden. The first collection of its kind in Australia, it demonstrates the rich lives led by 21 women of diverse backgrounds, all born before 1946 and all of whom have achieved great things in older age.

## **Turkey / *Lee, Jessica***

Lonely Planet's Turkey is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. See the minarets of Istanbul's Old City, hot-air balloon over Cappadocia, gaze at the magnificent Aya Sofya; all with your trusted travel companion.

## **Turning points : 25 remarkable Australians and the moments that changed their lives / *Mary Rhyllis Clark***

When historian Mary Ryllis Clark came across her copy of Austrian philosopher and Holocaust survivor Viktor Frankl's *A Man's Search for Meaning*, she was struck by the idea that 'the purpose of life is to live a life of purpose'. This propelled her on a journey to seek out and interview those individuals whose stories had inspired her. Historian Henry Reynolds could not keep silent about the racial injustice he witnessed in Australian life, and it changed the course of his career. Whistle-blower Andrew Wilkie made the brave decision to tell the truth about weapons of mass destruction in Iraq

# Non-Fiction

## **The Ulysses contract : how to never worry about the share market again / *Kemp, Michael***

Most of us know the Greek myth of Ulysses. He made a pact with his ship's crew ordering them to block their ears with wax and tie him to the mast of the ship while they steered past an island inhabited by mythological creatures called Sirens. This story inspired the term 'Ulysses Contract'

## **Unwanted : the care system failed Lara. Will she fail her own child / *Glass, Cathy***

Lara was seven when her birth mother died from a drug overdose. With no extended family to look after her, she was put into foster care. The care system failed Lara and now she is failing her son. Lara and her one-year-old son, Arthur, are brought to experienced foster carer, Cathy Glass, by their social worker. Lara has fled an abusive relationship and Arthur has suspected non-accidental injuries. Cathy must monitor Lara whenever she is with her son, day and night.

## **Western Europe / *Le Nevez, Catherine***

Lonely Planet's Western Europe is our most comprehensive guide that extensively covers all the region has to offer, with recommendations for both popular and lesser-known experiences. Catch a West end show in London, explore Rome's ancient sites, and take a slow boat along the Rhine; all with your trusted travel companion.

## **Young forever : the secrets to living your longest, healthiest life / *Hyman, Mark***

Ageing has long been considered a normal process. We think disease, frailty, and gradual decline are inevitable parts of life. But they're not. Science today sees ageing as a treatable disease. By addressing the root causes of ageing we can not only increase our health span and live longer but prevent and reverse the diseases of ageing--including heart disease, cancer, diabetes, and dementia. In Young Forever, Dr Mark Hyman challenges us to reimagine our biology, health, and the process of ageing.

## **Outlive : the science & art of longevity / *Attia, Peter***

This is the ultimate manual for longevity. For all its successes, mainstream medicine has failed to make much progress against the diseases of ageing that kill most people- heart disease, cancer, Alzheimer's disease, and type 2 diabetes. Too often, it intervenes with treatments too late, prolonging lifespan at the expense of quality of life. Dr Peter Attia, the world's top longevity expert, believes we must replace this outdated framework with a personalised, proactive strategy for longevity

## **Broad river station / *McDonald, Fleur***

Mia, a newly graduated constable, on her first post is assigned to Broad River, a small country town. And as certain as she is about her ability to do the job, on day one she's already in conflict with colleagues who believe that women shouldn't be coppers. It takes the shine off coming home, where her grandmother, Clara, is in the early stages of dementia. Clara is in a nursing home, living between her present and the mist-covered past of her life as dementia slowly steals her memories. Mia is accustomed to their conversations often not quite making sense but when Clara hints of veiled family secrets, Mia isn't sure what she should believe.

## **The Christmas wedding guest / *Mallery, Susan***

A year since she was dumped by her fiancé, the last thing Reggie Somerville wants is to come back home for Christmas. But when her parents announce their plans for a lavish Christmas wedding she has no choice. She expects to face town gossip, she does not expect to run into her first love Toby or deal with the feelings he stirs in her ... Dena Somerville is single and pregnant-on purpose. Wanting a family her way she's determined to do it alone.

## **Dashing through the snowbirds / *Andrews, Donna***

Christmas in Caerphilly is wonderful! Unless you're a Canadian whose inconsiderate boss is forcing you to spend the holiday there, far from family and friends, with only a slim chance of a white Christmas. Meg already has her hands full, trying to make the season festive for the dozen programmers who are staying with her and Michael while working on a rush project with her brother's software company. At least it's an interesting project, since the Canadian company is doing forensic genealogy and DNA analysis. When the inconsiderate boss is found murdered, there are too many suspects.

## **How Snowball stole Christmas / *McKanagh, Kristen***

Most cats have nine lives, but Snowball is one of the very few with two jobs. Officially, she's the Weber Haus inn's greeter. Unofficially, she's the town matchmaker. Her track record is the cat's pyjamas - until she meets her owner's grinchy brother, Peter Diemer. Peter hopes to move the family bookstore to a busy location downtown - but someone else has outbid him for the last storefront.

## **Liberation Day : stories / *Saunders, George***

These nine subversive, profound and essential stories encompass joy and despair, oppression and revolution, fantasy and reality. They explore ideas of power, ethics and justice, and cut to the very heart of what it means to live in community with our fellow humans.

# Biographies

## **The King : the life of Charles III / *Andersen, Christopher P***

"Since the day Charles Philip Arthur George was born, he has been groomed to be King. After more than seventy years of waiting, he finally ascends the throne. The King examines the private life of this historically important and controversial figure, set against the grand, thousand-year sweep of the British monarchy. This richly detailed biography covers it all, from his military training to his marriage to Lady Diana, through their separation and her tragic death to his marriage to Camilla Parker Bowles.

## **Love, Pamela / *Anderson, Pamela***

Pamela Anderson is an icon: an international superstar whose blonde bombshell image was ubiquitous in the 1990s. Discovered by Playboy during a football game in her native Canada, Pamela was quickly launched into superstardom, gracing the cover of the infamous gentleman's magazine a record of 14 times, and becoming emblematic of Hollywood glamour and sex appeal along the way. Yet the character of Pamela Anderson, created less through careful cultivation than happenstance, hid Pamela's true story: that of a small-town girl getting tangled up in her own dreams.

## **Make it meaningful : finding purpose in life and work / *Haski-Leventhal, Debbie***

Unorthodox meets Start with Why: how escaping a cult led Debbie Haski-Leventhal to become a 'professor of purpose' and master the art of finding personal meaning in life. When she was five, tragedy prompted her parents to join Kabbalah, a cult-like sect of Judaism. They immersed themselves in it unreservedly - from its peculiar rituals (rolling in the snow naked to purify their sins) to the beauty of belonging to something greater than themselves. She left at eighteen - after years of abuse and living in communes in three countries - devastated and isolated, searching for meaning in her life.

## **Mirror in the sky : the life and music of Stevie Nicks / *Morrison, Simon Alexander***

"Diva, heroine, icon, and-to the most devoted-a goddess. Stevie Nicks sings of spell casters and dream smiths, stars of the silver screen, her grandmother Alice and Alice in Wonderland, Joan of Arc, the power of sibyls and sylphs. This book tells her story, from the bleached Arizona landscape of her childhood to the strobe-lit Night of a Thousand Stevies celebrations, highlighting throughout her strengths as singer, songwriter, and performer"-- Provided by publisher.

## **Motherland / *Trethewey, Stephanie***

Motherland gives a voice to a nation of country women by sharing their real, raw and unbelievable stories of rural motherhood. Based on the podcast, Motherland brings together the incredible stories of 14 rural mothers who offer powerful and unfiltered insight into the tragedies and triumphs that have shaped their lives on the land, and how through it all, they've thrived through their most precious yet most challenging role of all, motherhood. Motherland's impact has since grown far greater than she ever imagined, and has energised rural women across the country, providing support and inspiration as they navigate the unique challenges that come with raising kids on the land.

# Biographies

## **Never finished : unshackle your mind and win the war within / *Goggins, David***

This is not a self-help book. It's a wake-up call! Can't Hurt Me, David Goggins' smash hit memoir, demonstrated how much untapped ability we all have but was merely an introduction to the power of the mind. In Never Finished, Goggins takes you inside his Mental Lab, where he developed the philosophy, psychology, and strategies that enabled him to learn that what he thought was his limit was only his beginning and that the quest for greatness is unending.

## **Shadowline : the Dunera diaries of Uwe Radok / *Radok, Uwe***

In September 1939, Britain declared war on Germany, and the life of Uwe Radok, a young German-born engineer working in Scotland, changed forever. Classified as an 'enemy alien', Uwe was deported to Canada on the Arandora Star. When the ship was torpedoed, drowning more than 800, Uwe and his brothers survived - only to be marched onto the infamous Dunera, bound for Australia. From 1940 to 1943 Uwe kept a series of diaries. Their pages offer a remarkable account of the effects of displacement. The harrowing voyage and the tedium of indefinite detainment are rendered with clarity.

## **Tanya Plibersek : on her own terms / *Simons, Margaret***

A fascinating portrait of one of Australia's most influential women. Elected to federal parliament aged just twenty-eight, Tanya Plibersek has lived almost half her life in the public eye - and is the longest-serving woman in Australia's House of Representatives. But how much do we know about what drives her, what she values, and what we can expect from her next? Plibersek was born in Sydney to Slovenian parents, both of whom fled post-war Europe as young adults. Their experiences as migrants would profoundly shape the lives of their children.